

# Great Start Readiness Program

## School-Day Sample Daily Schedule

### 8:30 – 9:15 – Arrival/Breakfast/Greeting Time

Children enter the classroom, wash hands and have breakfast while interacting with adults and one another. Once all children have arrived, adults share the daily announcements.

### 9:15 – 9:30 – Small Group Time

An adult-initiated learning experience based on children's interests and development where children explore, play, work with materials, and talk about what they are doing. Individual children explore and use the same set of materials in their own way.

### 9:30 – 9:40 – Planning Time

Children indicate their plans to adults in a place where intimate conversations can occur and where people and materials are visible. Adults use a range of strategies to support children's planning (e.g., props, area signs, tape recorders, singing, planning individually, in pairs, in small groups).

### 9:40 – 10:40 – Choice Time

Children initiate activities and carry out their intentions. Children make many choices about where and how to use materials. During Choice Time, adults participate as partners in child-initiated play and encourage children's problem solving both with materials and during times of social conflict.

### 10:40 – 10:50 – Recall Time

Gathered in small group settings, children choose Choice Time experiences to reflect on, talk about, and exhibit. Adults provide a variety of materials and strategies to maintain interest as they follow children's lead and encourage children to share (e.g., individual props such as puppets, telephones or periscopes, group games using a hula hoop, ball or spinner, re-enacting, drawing, showing and describing a structure or painting).

### 10:50 – 11:00 – Cleanup Time

Children and adults clean up together keeping the spirit of play and problem solving alive. Children make many choices during clean up. Adults accept children's level of involvement and skill while supporting their learning.

### 11:00 – 11:30 – Outside Time

Children have many choices about how they play in the outdoor learning environment, much as they do during Work Time indoors. Adults

supervise children for safety and also join in their active outdoor play, supporting their initiatives and problem solving.

**11:30 – 11:40 – Bathroom/Wash Hands/Prepare for Lunch** Children assist in preparation and set up. Children choose where they would like to sit and are encouraged to serve themselves.

### 11:40 – 12:10 – Lunch

Family-style meals support children doing things for themselves (e.g. serve themselves, pour beverages, distribute napkins, wipe up spills). Children choose whether to eat, what to eat, and how much to eat. Adults eat and have meaningful conversations with the children. Children are encouraged to clean their own snack space including disposal of leftovers, wiping of tables, and pushing in their own chairs.

### 12:10 – 1:10 – Quiet/Rest Time

Resting is a time for sleeping or quiet, solitary, on-your-own-cot play. Rest Time plans should be individualized to meet the needs of each child. Quiet play could include books, soft music, baby dolls, or fine motor manipulatives.

### 1:10 – 1:25 – Wake/Bathroom

As children wake up, adults and children work together to put away cots and get ready for Large Group.

### 1:25 – 1:45 – Large Group/Music and Movement

All adults and children participate in activities planned around children's interests, developmental levels, music and movement, cooperative play and projects; and events meaningful to children.

### 1:45 – 2:35 – Choice Time

Refer to AM description

### 2:35 – 2:45 – Cleanup Time

Refer to AM description

### 2:45 – 3:05 – Snack

Children wash hands and help to set up for snack. Children are encouraged to clean their own snack space including disposal of leftovers, wiping of tables, and pushing in their own chairs.

### 3:05 – 3:45 – Outside Time/Dismissal

Refer to AM description